

# TERM 1 2025

# COURSES

Are you ready to open doors to friends, careers, and connections? Our comprehensive courses and social groups are designed to promote learning and community engagement.

[Bookings at PICAL.org.au](http://PICAL.org.au)

 **JOB READY COURSES**

 **COMMUNITY COURSES**

 **SOCIAL & COMMUNITY GROUPS**

**NEW**

## Fix It Cafe

Engage in on-the-spot repairs, learning valuable skills in a supportive environment.

**See inside for details**



**PHILLIP ISLAND COMMUNITY AND  
LEARNING CENTRE  
16 WARLEY AVE COWES**



Phone  
**5952 1131**



Email  
**[reception@pical.org.au](mailto:reception@pical.org.au)**



Website  
**[www.PICAL.org.au](http://www.PICAL.org.au)**



# JOB READY COURSES



## Barista Basics

An excellent starting point for the budding barista. Using a full size commercial machine, you will learn how to:

- Consistently extract a great espresso
- Correctly adjust coffee grinders
- Steam milk to perfection
- Correctly clean and maintain the machine

**Location: PICAL**  
**MONDAY 24th Feb**  
**10.00am - 3.00pm**  
**with Alana**

**Full fee: \$80**  
**Members/Concession: \$70**



## Food Safety Level 1

Accredited program for everyone handling food for public consumption - cafes, clubs, school canteens, milk bars. Includes practical exercises.

**REGISTER YOUR INTEREST**



## Responsible Service of Alcohol

Accredited Responsible Service of Alcohol (RSA) program giving participants the knowledge and skills to work in a safe and enjoyable environment in licensed premises.

**REGISTER YOUR INTEREST**



## Intro to Canva

Canva is a fun, free and easy to use online graphic design tool. Best for those who need to create printed and online communications such as flyers, brochures, posters, newsletters, social media posts and more. Learn how to use Canva in a fun workshop environment. Participants are welcome to bring along any projects they are working on.

**Location: PICAL**  
**TUES 18, 25, Feb, 4, 11**  
**Mar**  
**10.00am - 2.00pm**  
**with Diana**

**Full fee: \$30**  
**Members/Concession: \$15**

## Course Bookings, Cancellations and Refunds

- Bookings can be made online at <https://www.socialplanet.com.au/at/phillip-island-community-and-learning-centre-incpical.org.au/education-classes> or face to face at PICAL Reception
- Courses may be cancelled if the required number of enrolments are not met for that course. Notice will be provided before the course commencement date and full refunds will be issued
- Course cancellations are accepted 7 days prior to course commencement with full refunds issued
- Refunds for cancellations that occur after this time will not be issued
- All cancellations must be in writing to [picalroomhire@gmail.com](mailto:picalroomhire@gmail.com)



# COMMUNITY COURSES



## Girls on Tools Beginners

Are you looking to build your confidence & knowledge working with tools? Or maybe you have a few DIY projects that you would like to tackle. Then come & join other like minded women with your trainers, Mick, Mark, Richie and Terry in the Shed. This event is popular and books out quickly, so don't wait, book now.

Location: PICAL  
Workshop  
6 weeks starting WED  
5th Feb  
10.00am - 12.00pm

Full fee: \$50  
Members/Concession: \$30



## Girls on Tools Advanced

If you've completed the beginners Girls and Tools course, and are keen to further your knowledge and tackle some more advanced projects, come along to our advanced course with Mick, Mark, Richie and Terry in the Shed.

Location: PICAL  
Workshop  
8 weeks starting  
THURS 6th Feb  
1.00pm - 4.00pm

Full fee: \$50  
Members/Concession: \$30



## First Aid and CPR

Enhanced online learning with short practical assessment. Choose from a variety of nationally accredited first aid courses online with face to face practical assessment. Training and Assessment delivered on behalf of Allens Training, RTO 90909.

All enquiries to  
Kasey Beattie on  
0417 111 600 or book  
directly via the  
website:

[skillsforlifetraining.com.au](http://skillsforlifetraining.com.au)



## Cheesemaking Workshops

Join us in Cheesemaking workshops. Come together and have fun whilst learning from each other. Make a variety of Cheeses. Take home over 1 kg of cheese. Notes and recipes all included.

Location: PICAL  
Dates every month-  
refer PICAL Website  
for further details

Booking and Register your Interest  
direct with Barry the Beeman at  
[cheesewithbarry@gmail.com](mailto:cheesewithbarry@gmail.com)

Memberships, Donations and Volunteer information at [PICAL.org.au](http://PICAL.org.au)



# SOCIAL AND COMMUNITY GROUPS

**Entry: \$5 per person**



## Woolshed Spinners

Come along and have a spin and a yarn with the wonderful Woolshed Spinners

**Location: PICAL**  
**Contact: Robyn 0429 700 492**  
**Every 2nd and 4th Thursday**  
**10am - 2pm starting 23 Jan 2025**



## Embroidery/Craft Group

Join the embroidery/craft group for some fun. They'll have you in stitches.

**Location: PICAL**  
**Contact: Josie 0409 955 109**  
**Every 3rd Friday**  
**10am - 2pm**



## Spanish Group

Boost your self confidence with this Language of Love. Learn Spanish. Who knows when it may come in handy. Si?

**Location: PICAL**  
**Contact: Maria 5952 6247**  
**Every 2nd Thursday**  
**10am - 11.30am**



## The Applique Guild

The Appliqué Guild of Australia Inc. is a non-profit organisation established in 2012 to support and encourage appliqué enthusiasts nationwide. Come Learn the many methods of applique with like-minded ladies. Needle turn, raw edge, reverse appliqué, back basting, pre turned, applifix, blanket stitch, just to name a few. You are welcome to join in if you are interested in learning, are a beginner or an expert in applique. Come in for a cuppa and a chat and bring in your current project and stitch with us.

**Location: PICAL**  
**Contact: Eva 0423 813 070**  
**2nd Saturday of every month**  
**10am - 3.00pm**



# SOCIAL AND COMMUNITY GROUPS

**FREE**



## Girls on Tools Shed

For those who have completed Girls on Tools Beginners and Advanced and want to continue working on their projects in a social and supportive setting. Also for those who just want to come and socialise and see what it's all about.

**Location: PICAL Workshop**  
**9 weeks starting FRI 7th Feb**  
**9.30am - 12.30pm**

**Register online**



## Digital Inclusion Sessions

If you're needing help with any of your digital devices, phone, tablet or laptop, come in and speak to Diana or Jackson, who will attempt to not only resolve your issue, but you may learn something along the way.

**Tuesday from 18th Feb 12.30 - 2.00pm**  
**with Jackson**

**Thursday from 20th Feb 10.00-11.30am**  
**with Diana**

**Book at PICAL reception or just turn up**



## Women Connect Walking Group

Walk, talk and take in beautiful sceneries with this lovely bunch of keen walking ladies. Usually finished with lunch, wine and chatter.

**Location: Various**  
**Contact: Patsy Scales 0409 506 461**  
**Pepi Mortimer 0476 549 749**  
**3rd Thursday of every month 10am**

**All enquiries to the person listed or PICAL Reception 5952 1131.**  
**Further information and bookings at [PICAL.org.au](http://PICAL.org.au)**





# SOCIAL AND COMMUNITY GROUPS

## FREE



### VIEW Club

Voices, Interest and Education of Women. Bringing women together in fun and friendship and making a difference.

**Contact: Chris Sproson**  
**Ph: 0406 469 824**  
**Email: phillipislandview1@gmail.com**



### Cooking Groups

Two separate cooking groups contributing towards the food relief program. One program runs every 2nd Wednesday and the other every Friday.

**Location: PICAL**  
**Contact: PICAL Reception 5952 1131**

**PICAL Volunteer status to participate**



### Gardening Group

A gardening group contributing towards the food relief program

**Location: Blue Gum PICAL Community Garden**  
**Contact: PICAL Reception 5952 1131**  
**Weekly - Monday, Tuesday, Wednesday and Thursday 9.30am - 12.30pm**

**PICAL Volunteer status to participate**



### Fix It Cafe

This is a new initiative led by Colleen Mc Grath – ex business owner of Tradey Lady - a handywomen business. Items fixed include furniture, crockery, toys, sports equipment and items needing sewing. It's an on the spot service where you may wish to join in the fix and develop your handyperson skills.

**Location: PICAL Workshop, 117 Settlement Rd Cowes**

**Every Tuesday starting 4th Feb 11.00am - 3.00pm**  
**Contact: PICAL Reception 5952 1131 for further information or just drop in**

Donations are welcome for work completed.

# FIX IT CAFE

PICAL is excited to offer the Fix it Café for the Island community. This is a new initiative led by Colleen Mc Grath – ex business owner of Tradey Lady - a handywomen business.

Fix It Cafe is an on the spot service where you may wish to join in the fix and develop your handy person skills.

Donations are welcome for work completed.



## NEED HELP WITH :

- Sewing repairs
- Furniture repairs
- Scooters, bikes, skateboards
- Knife sharpening
- Toys
- Assembling flat packs
- Other items? - We'll give it a go!



**EVERY TUESDAY**

**STARTING 4TH FEB 11-3**

## PICAL WORKSHOP

**117 SETTLEMENT ROAD, COWES**  
(BEHIND SES AND CREATIVE ARTS STATION)

BOOKINGS NOT REQUIRED, JUST TURN UP

For further information call  
PICAL Reception 5952 1131

[www.pical.org.au](http://www.pical.org.au)